







Sustainable Gastronomy Tourism – "Actions After 2030"

AEHT Youth Parliament - Riga, Latvia

Join us for an immersive programme exploring the future of sustainable gastronomy tourism. Together, we'll debate, discover, and design solutions that extend far beyond 2030, combining European hospitality traditions with cuttingedge sustainability practices.



P Day 1 — April 7Welcome to Sustainable Riga

All day until 18:00

Participant Arrivals & Check-in

- Airport/ Riga Coach Station transfers to accommodation
- Hotel check-in

19:00 - 21:00



- Ice-breaking activities to connect delegates
- Cultural performances from student groups
- Low-waste finger food buffet

Learning focus: Community building and experiencing sustainable event hospitality from day one.

7 Day 2 — April 8

Waste is a Resource – From Landfill to Food Solutions

1

07:30 – 09:30 | Breakfast & Registration Registration

2

09:30 | Ceremonial Opening

European component lectures on Responsible Consumption and Production, Sustainable Tourism, and Affordable & Clean Energy. Introduction to debating rules and group assignments. 3

11:00 | Getlini EKO environmental education centre

4

13:00 | Zero-Waste Lunch Experience "100% Taste — 0% Waste"

5

14:00 – 16:30 | Debate #1 "Waste Is Not Just Trash — It's Tomorrow"

Exploring how reduce, reuse, and recycle strategies should come BEFORE disposal. Examining waste as a future resource in gastronomy tourism.

6

Parallel Programme for Teachers "From Nature to Table — Sustainable Approach"

Tasting experience exploring sustainability in beverage tourism and local production methods.

7

17:00 — Old Town Riga city tour

Guided by Tourism Department staff.

8

19:00 Dinner

Followed by free time until 22:00.

P Day 3 — April 9

Responsible Choices in Gastronomy Travel



15:00 - 17:00 | Eco-Craft Labs

Participants rotate between hands-on workshops, creating sustainable souvenirs to take home:



Candle-Making Workshop

Create beautiful candles using eco-friendly wax and recycled glass jars. Learn about sustainable materials in hospitality ambiance.



Zero-Waste Confectionery

Craft delicious sweets from leftover ingredients, demonstrating creative uses for surplus food in professional kitchens.



T-Shirt Upcycling Studio

Transform old textiles through creative printing and design techniques. Explore fashion sustainability in tourism merchandise.

18:00 | Dinner followed by optional student-led social activities and free time for networking.

7 Day 4 — April 10

Innovation, Green Branding & Future Mobility

09:00 - 11:00 | Key Speaker Sessions

1 Eco-Branding

Selling sustainability authentically without greenwashing.

2 Trendy Attractions

What makes tourism destinations "go viral"?

3 Green Energy Vehicles

Do electric cars really work for tourism?

11:30 | Garden Party — "Epic Eats & Cool Wheels"

Outdoor Lunch

Sample local and seasonal quick meals.

Electric Vehicle Exhibition

Interactive photo zone with EVs. Discussions with green technology experts about the future of tourism transport.

14:00 | Debate #3

"Green Travel Hype — Cool Trends or Real Change?"

Are electric vehicles, eco-branding, and iconic food tourism (like world's longest sandwiches) genuine sustainability or just clever marketing?

15:00 – 15:40 | Digital Election

AEHT Youth President Selection

Self-nomination speeches, candidate promotional pitches, and real-time online voting. Democratic leadership for sustainable tourism's future.

19:00 | __ GALA DINNER

And official announcement of AEHT Youth president



↑ Day 5 — April 11 Reflection, Farewell, and Sustainability in Action

Departure Day Programme

- Breakfast together
- Transfer to departure point

As you leave Riga, you carry more than memories — you take home practical knowledge, international connections, and a commitment to shape gastronomy tourism's sustainable future.

■ Take Action Beyond the Event

Your journey doesn't end here. Share your experiences with your school communities, implement sustainable practices in your training restaurants, and continue the conversations started this week.

Stay connected through AEHT networks and social platforms.

Your voice matters. Your generation leads.

(1)

AEHT Youth Parliament Task | Homework



Objective:

Explore the progress your country has made so far in achieving the following Sustainable Development Goals:

Responsible Consumption and Production |
Sustainable Tourism | Affordable and Clean Energy



Analytical part:

Research and evaluate what has been accomplished in your country up to now. Then, make an analytical forecast — what progress could realistically be achieved by 2030?



Creative part:

Imagine that by 2030 these goals have been fully achieved. What comes next? Describe your vision for the post-2030 world in an essay format — what new priorities, innovations, or challenges could emerge?

"Sustainable gastronomy tourism isn't about perfection — it's about progress. Every choice matters, every voice counts, and every generation builds upon the last."

4

3

100%

Transformative Days

Immersive learning experiences

Critical Debates

Shaping future perspectives

Commitment

To sustainable action

Submit your homework tasks through the online portal. Deadline and submission guidelines will be shared via email. We look forward to seeing how you'll apply your Riga experience to create lasting change in sustainable gastronomy tourism.