



29th edition

## Il Piatto Verde

Riolo Terme 20/23 marzo 2024

### Bitter to Love

*Herbs, roots and bitter flowers in Gastronomy between tradition and innovation*

### APPLICATION FORM

School.....

City..... State .....

Address..... Street number.....Postcode.....

Phone..... Email.....

Head Teacher .....

Accompanying Teacher .....

Student ..... Class.....Age .....

The student is declared to be eligible for the competition in accordance with the regulations.

#### RECIPE TITLE

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Starter  First course  Main course  Dessert

#### WINE, BEER OR INFUSION TO MATCH

.....

We request free-of-charge accommodation for two people for the following days

Wednesday 20 March  Thursday 21 March  Friday 22 March

By signing the current form, you testify to acceptance of all the competition rules and regulations.

School stamp

Head Teacher's signature







## ATTACHED SHEET 2

### WINE/BEER/INFUSION MATCHING

WINE/BEER/INFUSION

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WHERE IT IS PRODUCED

.....

CLASSIFICATION

.....

.....

ORGANOLEPTIC ANALYSIS

VISUAL

.....

.....

OLFACTORY

.....

.....

GUSTATIVE

.....

.....



## LIST OF AROMATIC HERBS TO CHOOSE FROM

- **Southerwood** (Artemisia abrotanum)
- **Sorrel** (Rumex acetosa)
- **Wood sorrel** (Oxalis acetosella)
- **Milfoil** (Achillea vulgare)
- **Wormwood** (Artemisia absinthium)
- **Roman wormbood** (Artemisia pontica)
- **Costmary** (Chrysanthemum balsamita)
- **Burdock** (Arctium lappa)
- **Calendula** (Calendula officinalis)
- **Artichoke** (Cynaria sp)
- **Milk thistle** (Silybum marianum)
- **Chicory** (Cichoria inthibus)
- **Cochlearia** (Cochlearia officinalis)
- **Crepis species**
- **Watercress** (Nasturtium officinale)
- **Bucks Horn** (Plantago coronopus)
- **Arugula** (Eruca sativa)
- **Tarragon** (Artemisia dracunculus)
- **Land Cress** (Lepidium sativum)
- **Hop** (Humulus lupulus)
- **Horehound** (Marrubium vulgare)
- **Nettle** (Urtica dioica)
- **Picris species**
- **Daisy** (Bellis perenni)
- **Rhubarb** (Rheum raphonticum)
- **Horseradish** (Nasturtium armoracia)
- **Rocket** (Diplotaxis tenuifolia)
- **Sonchus asper**
- **Sow thistle** (Sonchus oleraceus sp)
- **Tansy** (Tanacetum vulgare)
- **Dandelion** (Taraxacum officinale)
- **Old man's beard** (Clematis vitalba)

**edited by Sauro Biffi, Director of The Garden of Medicinal Herbs - Casola Valsenio**